

Mascoma Area Senior Center

servicing Canaan, Dorchester, Enfield, Grafton and Orange

January 2021 Newsletter

Hours: currently closed
Phone: 603-523-4333
Fax: 603-523-4334



Liz Houghton, Director
Marcy Smith, Cook
Karen Goings, Assistant Cook
Ray Brewster, Paul Stanger and
Ed Moodie, Bus Drivers

PO Box 210, 1116 US NH Rt 4
Canaan, NH 03741

A program of the Grafton County Senior Citizens Council

Serving "Grab & Go" meals Tuesdays at Noon

January 5th

Chicken & biscuit, green beans, fruit

January 12th

Pot roast, potatoes, veggie

January 19th

Spaghetti & meatballs, garlic bread, broccoli

January 26th

Beef stroganoff over noodles, veggie, fruit

February 2nd

Chicken Alfredo, noodles, broccoli

February 9th

Haddock, cheesy rice, peas, fruit

February 16th

Meatloaf, mashed potato, mixed veggie

February 23rd

Pork roast, Barley, Carrots, applesauce

If you are interested in a daily call or check in or would like to volunteer please reach out to RSVP for more information about the Good Morning program at 1-877-711-7787. Intakes for new callees and volunteers are currently being done over the phone!



Stock up for the winter with shelf stable food from our Senior Center Food Pantry.

We can arrange to have it delivered to you. Call Liz at 523-4333 for more information.

*January 1st *** New Years Day*

*January 13th *** Full Moon*

*January 18th *** Martin Luther King Jr Day*

*January 29th *** National Puzzle Day*

ServiceLink is available to assist during this time. Please call 603-448-1835 (leave a message)

Are you interested in having Canaan Town Library materials delivered to your home? Give the Canaan Library a call at 523-9650 or email circulationdesk@canaanlibrary.org. You can arrange to check out books, DVDs, audio books, magazines, games and puzzles, make sure they know we will be delivering your materials. Ask to sign up for a library card if you do not already have one. Once you have talked to them call the Senior Center at 523-4333 and arrange delivery, at that time we can talk about how to return materials when you are done with them, don't worry we can help with that too.

“Snow was falling,
so much like stars
filling the dark trees
that one could easily im-
agine
its reason for being was
nothing more
than prettiness.”

— Mary Oliver



**Join me in wishing Michelle
the very best in her future
endeavors !**

